# **Negotiation Prep One Sheet**

(adapted from Never Split the Difference, Chris Voss)

#### 1-The Goal

State your clearly-defined optimistic but reasonable goal.

## 2-Summary

It seems like

Write a couple of sentences that summarize the situation in a way that should get your counterpart to respond with "That's right."

## 3-Labels/Accusation Audit

Anticipate your counterpart's likely feelings about the situation. Prepare labels to use.

It sounds like you	don't like
It looks like you value	
It seems like	makes it easier.

It seems like you're reluctant to \_\_\_\_\_\_.

is valuable to you.

# **4-Calibrated Questions**

Prepare calibrated questions to reveal what is important to your counterpart.

- What are we trying to accomplish?
- What's the biggest challenge you face?
- How is that worthwhile?
- How does that affect things?
- What's the core issue here?
- How does this fit into the objective?

Prepare questions to identify the motivation of those behind the scenes.

- How does this affect the rest of your team?
- How on board are the people not in this meeting?
- What do your colleagues see as their main challenges in this area?

### 5-Non-cash Offers

Prepare a list of non-cash items your counterpart has that would be valuable to you.