

# His Body: Christ is Our Head

(based on Tim Howey's sermon)

Jesus is the Head of the church (all Christ-followers),  
**Eph 1:22-23.**

## Jesus has the highest spot: Preeminence

Read **Col 1:16-18.**

- Who created all things?
- What is the reason He created all things?
- Who is your authority?
- Is Christ FIRST place in your life?

## Jesus is in charge: Leadership

Read **Eph 1:22.**

- Submission is the attitude of willingness to listen and follow.
- Are you submitting to Jesus, your Leader?

## Jesus connects us

Read **Col 2:19.**

- The closer you are to Jesus, the closer He knits you to members of His church.
- Are you growing closer to Jesus and allowing Him to connect you to other Christ-followers?

## Jesus helps us grow

Read **Eph 4:14-15**

- There are deceivers. You need to grow up by learning the truth and speaking it to others.
- What is your evidence of spiritual growth?
  - I demonstrate Christ-like behaviors.
  - I cooperate with God and with other Christ-followers.
  - I speak the truth in love.
- Are you allowing Christ, the Head, to grow you to speak the truth in love?

## Jesus fulfills His mission through us

Read **Eph 1:22-23.**

- The head works through the other body parts.
- Jesus as the Head chooses to work through us, the other body parts.
- Are you allowing Him to work through you? Are you willing to go as He directs?

| CONNECT >   | GROW >  | GO  |
|---|---|---|
| First, accept Christ as your Lord and allow Him to connect you with other Christ-followers. | Next, ask Him to help you learn the truth and speak it in love. | Finally, ask Him where and how He wants you to use what He gives you. Go where He says. |

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