

Lord's Prayer: Part-3, Our Daily Bread

(adapted from a Tim Howey message; clue = the graphic 🙏)

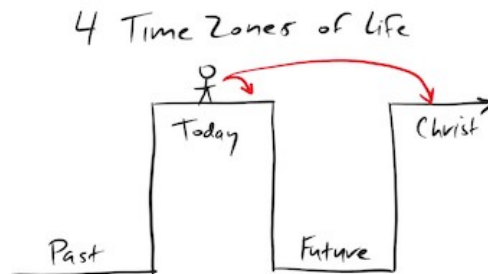
Jesus taught a **sample** prayer to His disciples. This illustrated how to pray, not an exact set of words to memorize and use as your only prayer. This lesson is about asking Him for what you need. Give us this day our daily bread, [Mat 6:11](#).

Give Us

- Anything good you have came down from God, [Jas 1:17](#), [Job 1:21](#), [Mat 7:11](#).
- God owns everything you have, [1Cor 6:19-20](#), [1Chr 29:14](#).
- Even your abilities came from Him, [Deu 8:18](#).
- "Give **us**" means you pray for more than just yourself.
- God wants you to ask, [Jas 4:2](#), [1Tim 2:1-4](#).
- Frustration can be a reminder to pray. Do you pray when you are frustrated?
- Tip: Before you ask God for something, (1) talk about who God is; (2) pray for something God wants. Then, pray for others and yourself.

This Day

- Pray about things in the future, but focus on what God will do today and what He wants you to do today, [John 17](#).
- Daily prayers for daily needs creates a daily dependence upon the Lord, [Mat 6:31-34](#). Focusing on the future can promote fear.
- Put God's Kingdom first. Then pray for daily needs. Ask God what He wants you to do. Listen to Him and do what He says. (**decisions; time/calendar-God time; money-give to Him first**)
- God wants you to know that He is enough and wants you to depend on Him alone.
- Do you realize that if He fixed all your long-term problems, you would not need to depend on Him daily?



Our Daily Bread

- Pray for the food you need today. Example = disciples not taking food with them.
- Focus on your needs versus wants, [Php 4:19](#), [Mat 6:31-32](#).
 - Physical: Food, water, clothing, shelter, care, transportation that you need to serve Him as He directs.
 - Emotional/relational: connection with others.
 - Spiritual: Bible and Jesus, [Mat 4:4](#), [John 6:35](#).
 - You have many things you want, many desires, but only a handful of real needs. Are you clear on the difference?
- God is gracious, often giving us more than we need, [Luke 15:11-32](#), example = prodigal son.
 - Lord, give me the food I need to eat today.
 - Give me the resources I need to meet the challenges today.
- Is God enough for you, [Php 4:11-13](#)? Can you be **content** with just your basic needs met? Are you generous when He gives you more than you need?

Self-Assessment Exercise: Praying for Needs

How true are the following statements for you?

	not true ↔ completely true
I understand that God owns everything I have.	1 - 2 - 3 - 4 - 5
Though I do plan, my prayers focus on: His Kingdom, then today's needs.	1 - 2 - 3 - 4 - 5
I am content with what God provides and want Him more than anything.	1 - 2 - 3 - 4 - 5

Based on this self-assessment, ask God where He wants you to make some changes.

For more Bible study guides, look under the Tools page of:

<https://gracelead.co>

Brain teaser #26:

I have four legs but cannot walk. What am I?
(for answer see the bottom of this page)

(a table)