# *Lord's Prayer: Part-5, Deliver Us*

(*adapted from a Ryan Blackstock message*)

Jesus taught a **sample** prayer to His disciples. This illustrated how to pray, not an exact set of words to memorize and use as your only prayer. This lesson is about asking Him to deliver you from evil and help you resist temptation.

*lead us not into temptation, but deliver us from evil,* ***Mat 6:13***.

**God's leading is always right.**

- Position: You shouldn't be out in front. Instead, follow Him closely.
- Authority: Even when you disagree or don't understand, follow God in faith. He is your supreme authority.
- Trust: Trust God as your good Father. Follow even when you aren't sure where He is leading, ***John 10:27-29***.
- God is not the one doing the tempting; however, He will allow temptation to come to test you. It helps you see your weaknesses and how important it is to turn to Him for the strength to resist, ***Jas 1:13***, ***Mat 4:1***.

**God's provision in temptation is sufficient.**

- Temptation to sin is not yet sin, ***1Cor 10:13***. Take the way of escape.
- There is temptation all around you.
- Key = knowing and listening to the voice of the Holy Spirit. When you do, He points out the way of escape.
- Do you know and obey His voice, ***Jas 4:7***? It is crucial to hear His voice always so you are able to take the way of escape when a temptation occurs. Tell the Holy Spirit that you want to hear Him constantly.

**God is delivering us from Satan and our sin nature.**

- Jesus prayed for all His followers to be protected from Satan and the world, ***John 17:15***.
- God has promised to protect you from the evil one when you allow Him to establish you, ***2The 3:3-5***. Protection comes from dependence on God.
- Sometimes it's your flesh (*sin nature*) that tempts you, ***Mat 26:41***.
- Don't make provision for your flesh, ***Rom 13:13-14***. To deal with your flesh, avoid the things that are likely to lead you into temptation (*places, visual media, type of entertainment, thinking you can handle it on your own…*).

**Self-Assessment Exercise: Temptation & Deliverance**

How true are the following statements for you?

| | not true <—>completely true |
|---|---|
| I trust God even when I don't understand where He is leading. | 1 - 2 - 3 - 4 - 5 |
| I continually pray, asking the Holy Spirit to show me a way of escape from temptations. | 1 - 2 - 3 - 4 - 5 |
| I avoid things that are likely to lead me into temptation. | 1 - 2 - 3 - 4 - 5 |
| I allow God to lead me in every area of my life. | 1 - 2 - 3 - 4 - 5 |

Based on this self-assessment, ask God where He wants you to make some changes.

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Brain teaser #34:

Which weighs more: 16 ounces of gold or a pound of feathers?

(for answer see the bottom of this page)

( they weigh the same, 16oz=1pound )